

PURE TRUTH FOR PARENTS

TAKE HOME TOOLS

Parenting in a digital world.

Because we know today's world is a fantastic, beautiful, terrifying, and intimidating place to raise children, we want to send you home with some helpful tools.

Learning about the dangers of our kids' online environments and digital access is great - being aware of what's out there is half the battle - but without tools in hand, it can be a formidable task to come up with a game plan to help your kids navigate their digital world.



Bark monitors texts, email, YouTube, and 30+ apps and social media platforms for signs of issues like cyberbullying, sexual content, online predators, depression, suicidal ideation, threats of violence, and more. With content monitoring, you can get email and text alerts when Bark detects potential issues so you can talk to your child and make sure everything is OK. Plans start as low as \$5 a month. bark.us

Wätch

X3 Watch is internet accountability software. There are individual and family plans to choose from. Simply install the software on all the devices your kids use. X3Watch runs in the background to monitor internet activity, evaluate content in real time, making sure only the good stuff gets through. It also sends you regular reports and email notifications. Go to x3watch.com for more info.



Net Nanny has long been the gold standard in online protection, and the current version is no exception. It offers superb filtering and blocking, excellent time management and reporting features - all of which are easily adjustable. This product works well for all age groups. Visit netnanny.com for more details or to sign up.



Internet filtering that promotes accountability. According to Covenant Eyes, "one of the best ways to change or avoid bad online habits is with the help of relationships, accountability, transparency and healthy conversations." Covenant Eyes has been providing filtering to thousands of individuals, families and organizations. Covenant Eyes promotes accountability by enabling users to send reports of their internet activity to a trusted friend, family member or mentor. For more information, visit covenanteyes.com



Circle with Disney is a great option for families, especially with younger children. Because it's a router, rather than a download, it works with all devices. Basically, it replaces your home's traditional internet and Wi-Fi router, letting you manage both wired and wireless devices. Circle may prove useful as a secondary protection, but as a primary defense it is less likely to help as older kids can simply take their device to another Wi-Fi location and use it there. Visit meetcircle.com for more info.



Working across pretty much any platform, including Windows and Mac computers, Mobicip provides filtering and blocking, time management, monitoring and reporting. It also allows for monitoring and filtering YouTube. To find out more, visit mobicip.com



The culture translator from axis allows parents to gain insight into how pop culture, media and technology are influencing their students. Each week, parents receive an update about what's going on in pop culture, movies, music, technology and more. Find out what it really means when your student gets a text inviting them over to "Netflix and Chill," what "mooning" really means these days and more. Sign up for free at axis.org

